

# OutInspire

August 2004

Cairnhill Toastmasters Club, Club No. 1759 -51

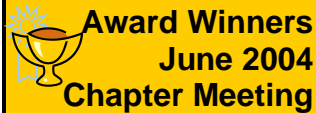
Issue 14



## The Latest News!!!

**Area D3  
Toastmaster of the  
Year – Violet Lim**

**3 Cheers for Violet!!!**



**Theme: For the First  
Time**

**Best Table Topics  
Speaker: Helen Lee,  
DTM**

**Best Prepared Speech  
Speaker: N/A**

**Best Evaluator: N/A**



**Please Welcome Our Newest  
Members!!!**

**TM Joseph  
TM Victoria  
TM Gregory  
TM Vincent**

## President's Message

*Dearest members,*

I hope you have had a great long wonderful National Day Weekend. I was back in KL celebrating my dad's 57<sup>th</sup> birthday. His birthday falls on 9 August as well! We ate and ate! It was definitely a good break for Jamie and me.

I was visiting SRC Ladies Chapter the other day, and was asked to speak about "Gratitude" at the Table Topics Session. And that brought me to talk about my mum, whom I have taken for granted in many occasions. I guess sometimes, the more comfortable with someone, the less effort we put into the relationship, which is really not the way it should be.

And celebrating my dad's 57<sup>th</sup> birthday last week reminds me that my parents are no longer young. They are aging, even though gracefully. I really should spend more time with them, and put in more effort into being a good daughter.

In the midst of building a career, building my own life, building myself up to be a better speaker, it is very easily to slip into a state of complacency.

When was the last time you spoke to your parents? Bringing them out for that routine weekly meal does not count. And if you are a parent, when was the time you truly sat down and talk to your child? Asking them about their schoolwork does not count!!

Leaving you with that to ponder upon, till we meet again on Wednesday, 25<sup>th</sup> August 2004!

Have a great week ahead!

*Sincerely,* Violet

## LEADERSHIP SKILLS

Many years of experience in Exploring have shown that good leadership is a result of the careful application of skills that any post leader or officer can learn to use. With practice, these skills can become a part of the adult's or youth officer's leadership style and will prove helpful in Exploring and all other leadership situations.

### UNDERSTANDING THE NEEDS AND CHARACTERISTICS OF THE POST

Each individual participant of the group has certain needs and characteristics.

1. A leader should understand his or her own needs and characteristics.
2. A leader should understand the needs and characteristics of each participant of the group. This helps the leader to deal with each person as an individual, to treat that individual with respect, and to help the person grow.
3. This understanding helps in planning the program and in getting things done.
4. This understanding creates trust and builds confidence among group participants.

Through conversation and informal surveys of post participants, try to find out:

- Why they joined your post
- What they expect from the post's program
- What their major interests are
- What their plans for the future are

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Issue 13



## DCP Progress

Goals	Achieved
2 CTMs	0 CTM
2 ADDITIONAL CTMs	0 CTM
1 ATM	0
1 ADDITIONAL ATM	0
1 CL, AL, or DTM	0 CL
1 ADDITIONAL CLs, ALs, or DTMs	0 CL
4 NEW MEMBERS	4 members
4 ADDITIONAL NEW MEMBERS	0 members
4 OFFICERS TRAINED TWICE	
SUBMITTED ON TIME (SEMI DUES & OFFICER LIST)	



## Quotes of the Month

### LOVE/RELATIONSHIPS:

I feel that the greatest reward for doing is the opportunity to do more. --Dr. Jonas Salk.

### LEADERSHIP/SUCCESS:

Knowledge is potential. Action is power. – Anthony Robbins

### MOTIVATION/INSPIRATION:

Competing in sports has taught me that if I'm not willing to give 120 percent, somebody else will. – Rom Blomberg

## COMMUNICATING

To improve your skills in *getting* information:

- Pay attention and listen carefully.
- Make notes and sketches.
- Ask questions and repeat your understanding of what was said.

To improve your skills in *giving* information:

- Be sure others are listening before you speak.
- Speak slowly and clearly.
- Draw diagrams, if needed. Ask those receiving information to take notes.
- Have the listeners repeat their understanding of what was said. Encourage questions.

## SHARING LEADERSHIP

While there are various ways to exercise leadership, the goal of Exploring leadership is exemplified in a quote from the ancient Chinese philosopher, Lao-Tzu: "But of a good leader . . .

When the work is done, his aim fulfilled, they will say, 'We did this ourselves.' "

The Exploring leader wants to give post participants the skills he or she possesses, not to use those skills in ways that keep the post weak or dependent. He or she offers leadership opportunities to post participants and teaches them the skills they need.



## Quotes, Quotes, Quotes....

1. What lies behind us and what lies before us are small matters compared to what lies within us.  
**Ralph Waldo Emerson**
2. A candle loses nothing by lighting another candle.  
**Erin Majors**
3. Example is not the main thing in influencing others, it is the only thing.  
**Albert Schweitzer**
4. Striving for excellence motivates you; striving for perfection is demoralizing.  
**Harriet Braiker**
5. What we see depends mainly on what we look for.