



OutInspire

October 2006

Cairnhill Toastmasters Club, Club No. 1759-80

Issue 29



The Latest News!!!



Award Winners September 2006

Best Prepared Speech Speaker
Heru Adi Kusuma

Best Evaluator
Mike Woon, CTM

Best Table Topic Speaker
Mike Woon, CTM



DCP Progress

Goals	Achieved
2 CTMs	0
2 Additional CTMs	0
1 ATM	0
1 Additional ATM	0
1 CL, AL, or DTM	0
1 Additional CLs, ALs, or DTMs	0
4 New Members	3/4
4 Additional New Members	0
4 Officers Training x2	1/2
Officer List and Dues Submitted On Time	1
Total	2 1/4

Cairnhill Toastmasters Club All is Fair in Love and War?

25 October 2006

Fellow Toastmasters!

It is October. What happened on October? What is happening on October? I remember going to NTU InspYre on 17 October 2006, celebrating Halloween Party. Many people dressed as ghosts, serial killers, witches, and even a monk. It was fun and entertaining, an eye opener for those whose eyes weren't opened. October is also an important milestone in the history. Sixty-one years and 1 day ago, 24th October 1945, United Nations was founded.

We learn from the history and the news about nuclear weapons that destroyed Hiroshima and Nagasaki. We learn about "Weapon of Mass Destruction". We learn about Taepodong, the North Korean's infamous missiles. People or rather nations involved in war will resort to any means necessary to gain advantage over their opposition. It doesn't matter whether it is right, as long as it helps them achieving their goals.

How about in love? Do we resort to any means necessary to gain advantage over love rival?

Member's Profile



Romantic Rose is no stranger to Cairnhill Toastmasters. She's well known for her motherly love to Cairnhill Toastmasters Club's members. Without her, CAIRNHILL will lose its "Rose", and become CAINHILL.

She has been outstanding (no, she's sitting inside the room, not standing outside) Toastmaster for the past few years. She acquired her Competent Toastmaster in her first year. Let us know her better. Recently she's appointed to be Area D1 Governor.

Q. What are you doing for a living?

A. I have been working for almost 4 decades now. Even though I have been working most of my life, my working experience is very limited, due to my loyalty, sincerity and fidelity with the company I have been attached to.

The 1st company was an import and export company dealing with timber and plywood. I worked as Admin Executive in charge of logistic and administrative works and stayed there for 14 years.



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Quote of the Month

*“A sunset in a country
means a sunrise in another
country”*

Unknown Resource

*“An image is worth
thousand of words, but a
hologram is worth
thousand of images”*

By: Steve Benton
Inventor of Hologram

Poetry

Smile (2)

*Dedicated to CPA Australia TMC and
everyone present on 14/10/06 and
Cairnhill CC TMC 17/10/2006*

Life is a mixture of sunshine and rain
Laughter and pleasure
Tear drops and pain

All days can't be bright,
But take heart.....
There never was a cloud
the sun didn't shine through.....

So keep on smiling,
Whatever betide.....
Securing in the knowledge.....
The world smiles with you;
If you smile ☺

With compliments
Violet Loh
CTM St. George's
TMC Perth Australia
14 October 2006

Next company was a contractor in construction industry; construct MRT stations, underpass, highways, buildings, and even water treatment plants. I was secretary to the managing director and later as PA of the group managing director/CEO. Due to unforeseen circumstances, this company was closed down. I was sad to leave this company as I have been with them for 21 years.

Life has to go on! I am now working as admin officer/PRO for another construction company. I have been with this company for 4 years now. As this will be my last company to work with, I will do my best to treasure my time with my colleagues and also be my best to love my work as much as I can, because the work "Retirement" will be right in front of me in 2 year time from now.

Q. I believe you are doing charity work every Tuesday. What drives you to do the charity works? What charity works you are doing exactly?



A. In order not to stay at home doing nothing after my retirement, I have to look forward and plan for the next chapter of my life. I want to continue to activate my brain cells and exercise my body muscle, so that I can spend my graceful and golden years with wonderful, beautiful and meaningful life with my loved ones and society at large.

My strong desire and powerful passion drives me to start doing charity work 4 years ago. I love to interact with children telling them old grandmother stories as well as to bring cheers to the lonely elderly and the sick patients in the Old Folks Homes. Even though myself is a handicapped with polio which had weaken my right leg since when I was one year old, I love to do things to satisfy my desire, i.e. to brighten the life of the unfortunate.

I started with the non-profit organization called "Food from the Heart". Every Tuesday evenings, I will collect the unsold breads/buns from the bakery outlets in Shenton Way and deliver them to the King George Senior Citizens Activities Centre. Here we distribute and divide different varieties of breads and buns for the elderly stay in the nearby neighborhood. Any excess of the bread/buns, I will make a second trip to Moral Home in Henderson Road for the stay-in patients. The smiles from all these people melt my heart. They are cheerful, rejoice and in high spirit when they see me with bags of goodies for them.

Last year, I joined another Volunteer Group with Renci at Tan Tock Seng Hospital. Here we serve and feed them with soft and healthy food stuff, like peanut/sesame or almond paste with less sugar, or we even brewed coffee and serve the patients with "chee cheong fun" or "chwee kuay" with less oil. They really miss



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Quiz

I'm the beginning of the end.
You can see me twice in a
week, but not in a day. You can
see me once in a year and twice
in a decade. Who am I?

Cairnhill Toastmasters Club

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**We meet on 4th Wednesday of
the month**

22 November 2006
20 December 2006
24 January 2007
28 February 2007
28 March 2007

the outside food and they look forward to our monthly visit with happy hearts.

I also help in the Miss Singapore – International Charity Dinner, hosted and organized by Singapore Women's Association, which our current Cairnhill Toastmasters Club President, Lee Li Hua is the 1st Vice President of this association, and also the chairperson for this fantastic and complex charity dinner. The fund raised went to the beneficiaries like The Lion Home for the Elderly and the Moral Home.

Q. How do you think Cairnhill progress these past few years?



A. I have been with Cairnhill Toastmasters Club since December 2003. All these few years, our club has been qualified with Distinguished Club Awards under the devoted, committed and good leadership of Violet and Jamie. This year we hope to do our

best to achieve another Distinguished Award under the leadership of Lee Li Hua. So members of Cairnhill Toastmasters Club, please join me together to do our best to serve Cairnhill Toastmasters Club to another year of greater height. Continue to do our communication and leadership programme to achieve excellence not only to the club, but also to ourselves. Be our Best!

Q. How do you compare Cairnhill and Queenstown Toastmasters Club?

A. Being a dual members in Cairnhill and Queenstown Toastmasters Clubs, I have nothing much to compare as each club has its unique style of conducting their own chapter meeting. Both are good clubs of standing order under the same Division D.

I believe Cairnhill has a better niche over Queenstown because of our good location of our Cairnhill Community Centre building which is just beside Newton MRT station and also just opposite Newton Hawker Food Centre. Another reason is that when people serve the website for information on Toastmasters movement, Cairnhill will be the first in sight, because the first alphabet of our club begins with letter 'C' – for Cairnhill.

Q. Can you tell us more about your grandchild?

A. I was promoted to grandmother 5 months ago. My grandson refused to be independent on his own with his first cry. He continued to stay comfortably in the warm and watering chamber for almost 40 hours when the first signal of labor pain was felt by his mother.

Finally, came the first, loud, and sharp cry of his venture to this



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wonderful world of his own.

As months pass by progressively, I can notice his mischievous, adventurous, and playful behaviors. A spoilt child needs warm, care and love from the adult throughout the hours of the day and refuses to rest and sleep.

If health permits me to move around in another 10 years time, I will tag him along to Toastmasters Club meetings and hopefully, he will be the youngest Toastmaster in the world.

Thank you Rose for being a wonderful mother to Cairnhill Toastmasters.

World News

Haze

Haze has covered most part of Singapore for the past couple of weeks. Indonesians are mostly responsible for this. People burning the forest to clear the fields. However the worst is when people burn "Lahan Gambut" (land covered with coal). It is very easy to get burnt, and will produce thick smoke. It only needs a bit of ignition to be on fire (sometimes it will be on fire by itself just of the heat of the sun).

Most of us (including me) will blame the irresponsible farmers, crook businessmen who burnt the forest and "Lahan Gambut". They're polluting our earth, causing trouble to many.

Look into your left and right, look into the mirror. Do you see the culprit? One that pollutes our world? Are you smoking? Do you remember turning off the light whenever you're not using? Do you remember to turn off the aircon when you're not at home?

Before blaming the forest burners, before asking them to stop burning, stop polluting the world yourself. Start from yourself. Condemning them won't produce the solution, and won't reduce the pollution. Start from yourself.

Lessons

Working with Words (part 1)

By Angela Lee GK, DTM at talk at CPA TMC, 14 October 2006
Money Mastery Singapore Toastmasters

In every good speech, there are always some Rhetorical devices being used. There are numerous rhetorical devices but your speech will sound good even if you use some. Devices also create rhythm in our speeches.

The following are some sound devices that you can use in your speech to add a nice 'tone' to your speech.

A. **Alliteration** – words that have the same sound or start with the



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same alphabets

1. Wordlessly watching, he waits by the window
And wonders at the empty place inside
2. Heartlessly helping himself to her bad dreams
3. Sad songs say so much

B. **Assonance** – when vowel sounds are close together so that they create assonance

1. Asleep under a tree
2. Time and tide...

C. **Onomatopoeia** – refers to words whose sound is suggestive of its meaning

1. sizzle
2. boom
3. cuckoo
4. oomph

D. **Rhyme** – rhyming words call attention to each other so they carry more weight. Rhyming words also help to create rhythm.
-> He never wanted to fly because he didn't want to die

E. **Understatement** – used to weaken or soften a statement

1. I know a little about running a company. (a successful businessman might modestly say)
2. I think we have slightly different opinions on this topic (instead of "I don't agree with...")

Acknowledgement

OutInspire thanks Ms. Angela Lee, DTM for her generosity to allow OutInspire to publish her educational notes.

OutInspire also thanks Ms. Violet Loh, CTM for her generosity to allow OutInspire to publish her poem, "Smile (2)". We hope our Toastmasters meetings will always be filled with smile of joy.